

MELANIE AVALON FACT SHEET

General Information

Full Name: Melanie Avalon

Location: Atlanta

Profession: Health Influencer, Podcaster, Author, Entrepreneur

Industry: Health and Wellness

Website: [Melanie Avalon's Official Website](#)

Attribution Titles for Media Mentions

Preferred Attribution Title

Melanie Avalon: Health influencer, entrepreneur, and host of *The Intermittent Fasting Podcast* and *The Melanie Avalon Biohacking Podcast*

Short/Alternative Attribution Title

Melanie Avalon: Health influencer, podcaster, and biohacker

Usage Guidelines

For media mentions, interviews, and articles, please use the above attribution titles to accurately represent Melanie Avalon's multifaceted expertise in the health and wellness industry.

Social Media

[Website](#) | [Instagram](#) | [Facebook](#) | [X \(Twitter\)](#) | [LinkedIn](#)

Podcasts

Names: [The Melanie Avalon Biohacking Podcast](#), [The Intermittent Fasting Podcast](#)

Annual Downloads: ~3.5 million

AvalonX Supplements

Products: Serrapeptase 125, Magnesium 8, Berberine 500, Magnesium Nightcap

Unique Features: Lab-tested, Non-GMO, Vegan, Gluten-free, Vegan

Website: [AvalonX Official Website](#)

Food Sense Guide App

Purpose: Identify food sensitivities

Platform: iOS (requires iOS 11.0 or later)

Rating: 4.7 out of 289 reviews on the App Store

Previous Press

[CNBC Make It!](#) | [Entrepreneur](#) | [Forbes](#) | [Fox News](#) | [LA Weekly](#) | [USA Today](#)

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For Media Inquires

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